

- All meals are chosen for students in bulk in advance.
- Gluten or dairy free options are available. You must advise the school a week in advance of any requests specific to your child.

Burrito (Main)



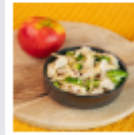
Protein options: Chicken, Beef, Ham, or Vegetarian
Allergen required: None, Other, Dairy Free, Gluten Free, or Gluten & Dairy Free

Butter Chicken (H) (Main)



Protein: Chicken, or Vegetarian
Base option: Rice, or Mash Potato
Allergen Requirement: Other (please contact provider)

Cheesy Pasta (H) (Main)



Protein: Ham, Vegetarian, or Chicken
Allergen Requirement: None, Other (Please contact provider), Dairy Free, Dairy & Gluten Free, or Gluten Free

Chicken & Ham Pasta Salad (Main)



Protein: Chicken & Ham, Chicken only, Ham only, or Vegetarian
Allergen Requirement: None, Other (Please contact provider), Gluten Free, Dairy Free, or Gluten & Dairy Free

Chicken, Potato & Gravy (Main)



Protein option: Chicken, or Vegetarian
Allergen Requirement: None, Gluten Free, Dairy Free, Gluten & Dairy Free, or Other (Please contact provider)

Lasagne (H) (Main)



Protein: Lean Beef, or Vegetarian
Allergen Requirements: None, Other (Please contact provider), Gluten Free, Dairy & Gluten Free, or Dairy Free

Meatballs on Mash (H) (Main)



Protein: Beef Meatballs, or Vegetarian
Allergen Requirement: None, Other (Please contact provider), Dairy Free, Dairy & Gluten Free, or Gluten Free
Base option: Mash Potato, or Pasta

Nachos! - Winter (H) (Main)



Protein option: Savoury mince, or Vegetarian
Allergen substitute: Gluten & Dairy Free, Gluten Free, Other, Dairy Free, or None

Pita/Wrap (Main)



Protein options: Chicken, Ham, Beef, or Vegetarian
Sauce: None, Honey Mustard, Sweet Chilli, Smokey BBQ, or Mayonnaise
Allergen: None, Gluten Free & Dairy Free, Gluten Free, Other, or Dairy Free

Potato Top Pie (H) (Main)



Protein: Beef Mince, or Vegetarian
Allergen Requirement: None, Other (Please contact provider), Dairy Free, Dairy & Gluten Free, or Gluten Free

Simple Sandwich (Main)



Allergen Requirement: None, Dairy Free, Gluten Free, or Dairy & Gluten Free
Protein option: Shredded Chicken, Sliced Ham, Sliced Beef, Vegetarian, or Tuna
Sauce option: Please speak to your provider

Sticky BBQ Meatballs (Main)



Protein: Meatballs, Chicken, or Vegetarian
Base Option: Mash Potato, or Rice
Allergen Requirement: None, Other (Please contact provider), Gluten Free, Dairy Free, or Gluten & Dairy Free

Sweet & Sour Chicken (H) (Main)



Protein: Chicken, Vegetarian, or Beef Meatballs
Allergen Requirement: None, Other (Please contact provider), Dairy Free, Dairy & Gluten Free, or Gluten Free

Teriyaki Chicken 2023 (C or H) (Main)



Protein option: Chicken, or Vegetarian
Base option: White rice, or Brown rice
Vegetable option: Edamame beans, or Diced cucumber
Allergen Requirement: None, Other (Please contact provider), Dairy Free, Dairy & Gluten Free, or Gluten Free

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Biscuit (Side)



Allergen substitute: None, Gluten & Dairy Free, Dairy Free, or Gluten Free

Bliss balls (GF) (DF) (Side)



Blondie (2023) (Side)



Allergen requirement: None, Dairy Free, Gluten Free, or Dairy & Gluten Free

Brownie (2023) (Side)



Allergen Requirement: None, Dairy Free, Gluten Free, or Dairy & Gluten Free

Cheese Stick (GF) (Side)



Allergen substitute: None, or Dairy Free

Corn chips (GF) (Side)



Grain Waves (Side)



Allergen Requirement: None, Dairy Free, Gluten Free, or Dairy & Gluten Free

Mandatory Side (Side)



Mini Pancakes (Side)



Allergen Requirement: None, or Gluten Free

Muffin (2023) (Side)



Allergen Requirement: None, Dairy Free, Gluten Free, or Dairy & Gluten Free

NO SIDE (Side)



Sea Salt Popcorn (GF) (DF) (Side)



Yoghurt (GF) (Side)



Allergens: Dairy Free substitute, Other, or None